

A **safe space** to
discuss the future

RAYDENSOLICITORS



DISPUTE RESOLUTION | **MEDIATION**



NAZIA RASHID PARTNER & MEDIATOR

Choosing the right mediator for your family matter is crucial. Nazia Rashid is a qualified mediator as well as a specialist family law solicitor with over 20 years' experience in both complex financial and children issues. In choosing Nazia, you can be assured that your mediator has a wealth of legal experience behind her, is known for her calming balancing influence and will approach your mediation with sensitivity, compassion, neutrality and transparency.

MEDIATION

Mediation is a process in which you, together with your partner, sit down in a room with a trained mediator to reach a negotiated solution in relation to specific issues. It is our aim to support you in reaching a set of joint proposals about the future of your family instead of issuing court proceedings and embarking on costly litigation. Your mediator will facilitate a discussion on the issues and ensure, each person is properly listened to, and is able to speak freely. This is an important aspect of the mediation process. You may not necessarily agree with your partner's point of view, but it is important to understand their position. Mediation is a voluntary and confidential process. The content of discussions is kept within the mediation sessions and cannot be used against either party in any subsequent court proceedings. This is known as mediation privilege.

MEDIATION IS SUITABLE FOR:

- Divorce and the financial aspect of your divorce
- Child arrangements following separation
- Property concerns relating to unmarried families
- Terms of pre and post-nuptial agreements
- Moving to another country with your children following separation
- Matters of importance which do not fall within the English court's jurisdiction including issues of faith and culture

THE INITIAL MEETING

Both parties will have an initial individual assessment meeting before the first joint session. This is an opportunity to ask questions about the process as well as establish your goals. Your mediator, Nazia, will also assess whether she considers your case is suitable for mediation.

Continued overleaf

THE MEDIATION

The role of the mediator is to facilitate constructive discussion. They will set out what each of your concerns are in order that you can both talk through them and find a resolution together.

You will be able to discuss the practical and emotional implications of your options and look at suggested alternative options. These discussions will take place in a safe and non-confrontational environment and our aim is that you will feel in control and empowered by the process and the proposals that you make.

Despite all of our mediators being specialist family lawyers, our mediators are unable to provide legal advice during the mediation process. Our mediators will however, provide information on key aspects of family law. Should you require advice on your legal options and position, you must take independent legal advice. In fact, our mediators will encourage this throughout the mediation process.

The mediation sessions will last approximately 1 hour each and you can have as many sessions as you need. However, if at any time you feel that the process is not working for you there is no obligation to continue. It is sometimes helpful to take short breaks during the process.

The aim is to find the right outcomes for you and your family.

AFTER MEDIATION

Any joint outcome proposals reached in mediation are not binding upon you. In order for them to become binding, they will need to be approved by a judge. Since all of our mediators are also experienced family solicitors, they will ensure that all relevant issues have been addressed and the joint outcome proposals can be converted into a draft court order to be approved by a family judge.

Nazia is available to conduct sole mediations and co-mediations at our London offices (London Bridge & Hampstead) and in Epping, Essex. When appropriate, Nazia can bring other specialists in to the mediation process – such as accountants, IFAs and therapists to assist you in reaching joint proposals for your family's future.

Not every case or every client will suit the mediation process. If you would like to explore whether mediation is appropriate for you, or you would like further information about the process and guidance on the costs, please contact Nazia today.

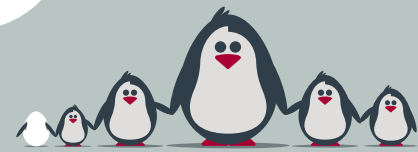
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RAYDENSOLICITORS

Specialist family lawyers.

RAYDEN SOLICITORS



"I am very keen to help separated couples to reach a solution which they consider is right for them, their family with their shared values and beliefs, if any. Separation is more often than not, one of the most stressful events one will experience. I will actively contribute to assist in the removal of the hardship and stress involved, and facilitate a lasting outcome for you and your family in a safe environment, without going to court."

Nazia Rashid

A **silver lining**
with every dark cloud.

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